



SHEA

The Society for Healthcare
Epidemiology of America

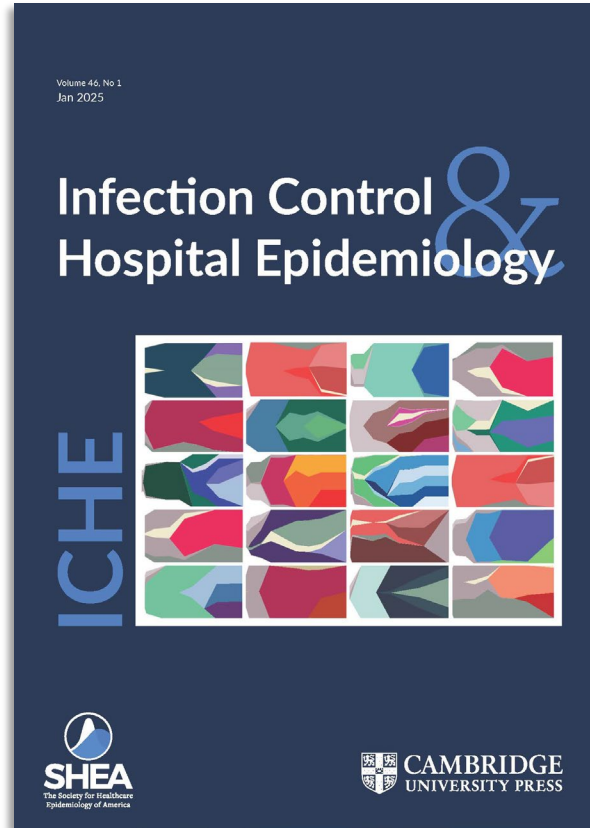
SAFE HEALTHCARE FOR ALL



Music:

www.bensound.com

ICHE Journal



Infection Control & Hospital Epidemiology publishes scientifically authoritative, clinically applicable, peer-reviewed research on control and evaluation of the transmission of pathogens in healthcare institutions and on the use of epidemiological principles and methods to evaluate and improve the delivery of care. Major topics covered include infection control practices, surveillance, antimicrobial stewardship, cost-benefit analyses, resource use, occupational health, and regulatory issues.

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ASHE JOURNAL



High quality articles across the full spectrum of antimicrobial stewardship and healthcare epidemiology.

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TUNE IN TO SHEA'S PODCASTS



AVAILABLE ON:



Online ID Fellows Course

Primer on Healthcare Epidemiology, Infection Control & Antimicrobial Stewardship



SCAN TO
LEARN MORE





NEW!

SHEA Members Open Forum

Get ready for real discussion! This is a peer-driven, discussion-based program designed for SHEA members to connect, share experiences, and talk through real-world challenges.



February 25th at 4:00 – 5:00 pm ET

Moderator: Harjot K. Singh, MD, MSc

Topic: Infection Control Conversations: Preparedness & Response



COMING SOON

You Can Help!

Improving Antibiotic Stewardship
and Infection Prevention in
Nursing Homes

eLearning Course



M A L A Y S I A
APSIIC 2026

12th INTERNATIONAL CONGRESS OF
ASIA PACIFIC SOCIETY OF INFECTION CONTROL

Kuala Lumpur Convention Centre, Malaysia

SAVE THE **DATE**

30 JUL - 02 AUG 2026

Keep updated by
scanning the QR code



Hosted by :



Malaysian Society of
Infectious Diseases & Chemotherapy

Supported by :



Ministry of Health



Meet in
Malaysia
BE Greater, Together.



**SHEA
SPRING**

2026

Save the Date

APRIL 7 - APRIL 10

CHICAGO, IL

Connect with SHEA



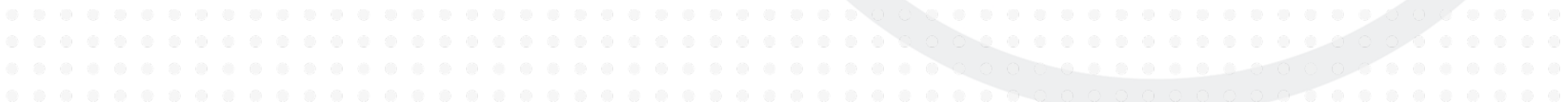
facebook.com/SHEApreventingHAIs



[@SHEA_Epi](https://twitter.com/SHEA_Epi)



linkedin.com/company/shea





SHEA Webinar

Town Hall 2026

Housekeeping



- Technical difficulties? Visit: <https://support.zoom.us>
- Webinar recording, PowerPoint presentation, and references available on learningce.shea-online.org
- Streaming Live on SHEA's Facebook page
- Zoom Polling, Q&A & Chat



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February Town Hall Panelists:



Dr. Bernard Camins
Mount Sinai



Dr. Katie Passaretti
Advocate Health



Dr. Chris Nyquist
Children's Colorado



Dr. Tom Talbot
Vanderbilt University

Invited Panelist:



Rebecca Stern, MD

Vanderbilt University Medical Center



Ambulatory Infection Prevention

SHEA Town Hall
February 17, 2026

Shifting Risk Portfolio

Outpatient visits up > 30% over past 20 years

Massive growth of ASC with shift of inpatient procedures to outpatient

Hospital level care provided at home

9/2025 per AHA – 419 hospitals across 147 systems in 39 states with HAH program

Growth of home health care/OPAT

Despite growth, often limited trained IP support/dedicated resources

Outpatient Outbreaks

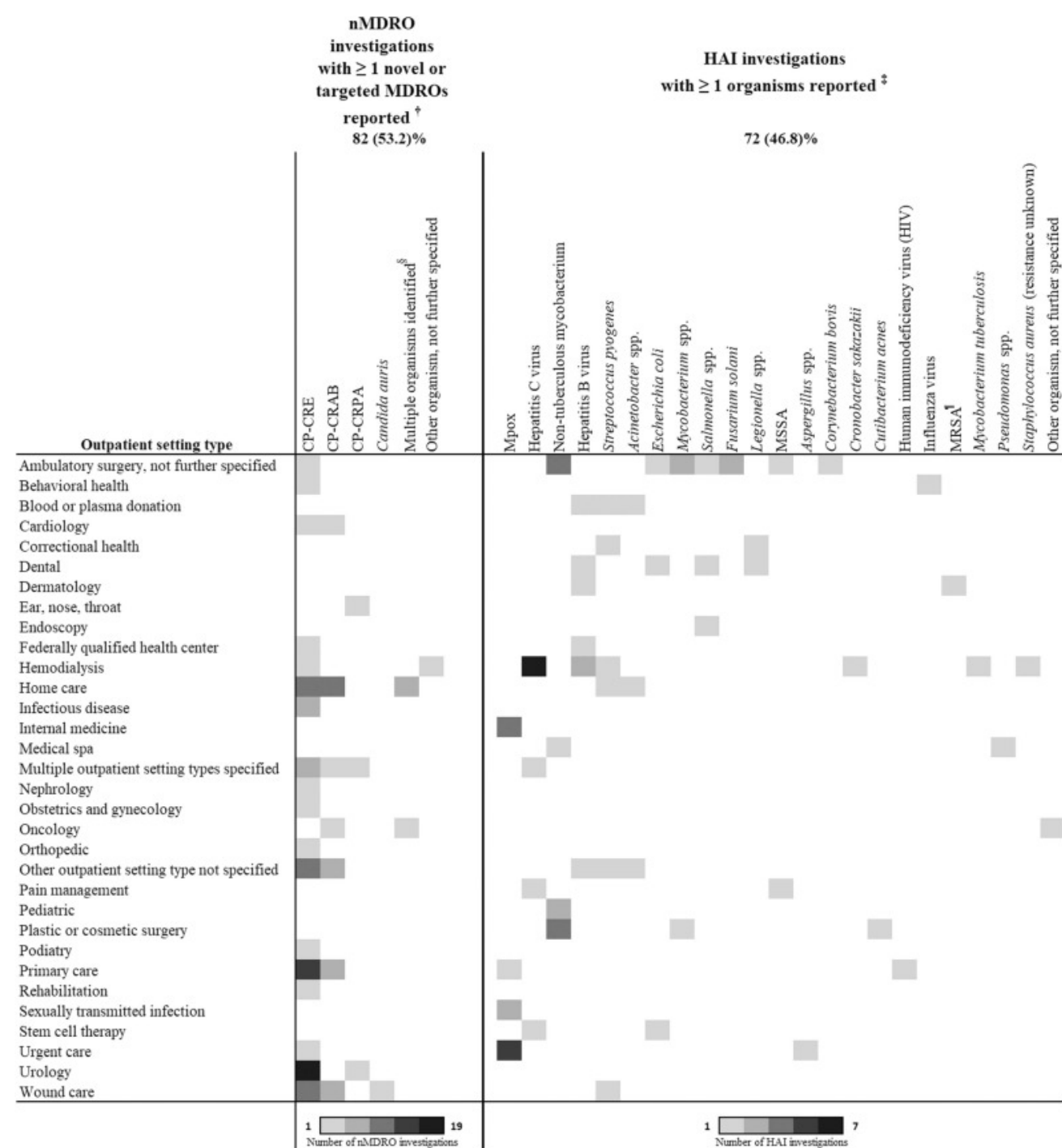
Public health investigations in outpatient healthcare settings nationwide, August 2019 to July 2023

[Austin R. Penna, MPH, CIC](#) · [Nijika Shrivastwa, PhD, MHSA, MPH](#) · [Penelope Strid, MPH](#) ·

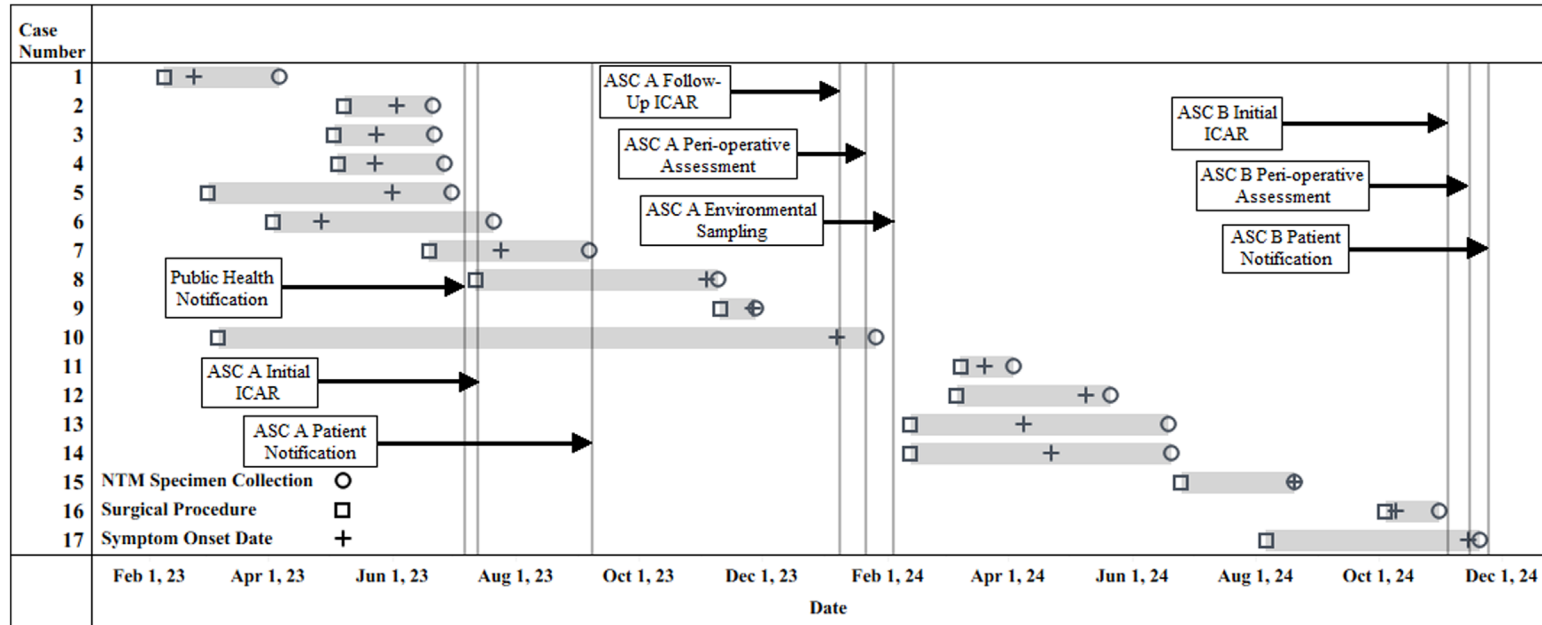
[Joseph F. Perz, DrPH, MA](#) · [Jennifer C. Hunter, DrPH, MPH](#)

[Affiliations & Notes](#) ▾ [Article Info](#) ▾

- 8% health department investigations involve 1 or more outpatient settings
 - 70% (230) only outpatient settings
 - 17% dental
 - 9% ambulatory surgery
 - 9% urology
- IP breaches in 68% HAI investigation
- Device reprocessing breaches most common



ASC: Outbreaks and IP risks



- 2 ASC
- 17 *M. fortuitum* hip/knee SSI
 - 9 organ space
 - 5 deep
 - 3 superficial
- Symptoms 5-306 days after procedure
- WGS highly related
- Common surg tech assoc with cases

Ambulatory surgery center A

1. Absence of a water management plan
2. Inadequate cleaning and disinfection of the operating room (OR) between patients
3. Unsatisfactory terminal cleaning of the ORs and scrub sinks
4. Missed opportunities for hand hygiene
5. Non-compliance with the personal protective equipment policy, including failing to wear head and beard coverings in restricted areas
6. Lack of point-of-use treatment with enzymatic cleaner or failure to leave instruments in an open position after use

Ambulatory surgery center B

1. Improper disposal of medical waste in the OR
2. Missed opportunities for hand hygiene
3. Inconsistent operation of the surgical helmet system and non-compliance with the manufacturer's instructions for use
4. Failure to conduct point-of-use treatment for surgical instruments after use in the OR and failure to keep instruments moist during transport to the sterile processing department

Source of CLABSI on Admission

Characterizing Patients Presenting on Hospital Admission with Central Line-Associated Bloodstream Infections: A Multicenter Study

Oladapo-Shittu et al., 2024 | *Clinical Infectious Diseases*



BACKGROUND

We sought to characterize patients presenting to hospitals with central line-associated bloodstream infections (CLABSI-POA) in patients maintaining central venous catheters (CVCs) outside acute care hospitals.

POPULATION AND METHODS

- Retrospective cross-sectional analysis of patients with CLABSI-POA in 3 health systems covering 11 hospitals over 1 year
- Cox proportional hazard analysis was used to assess factors associated with mortality.



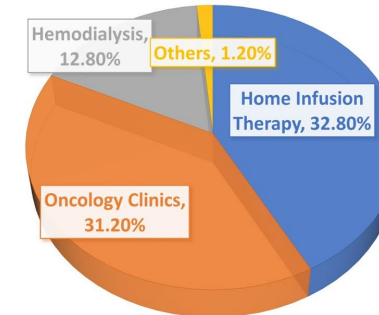
RESULTS

461



patients were identified with CLABSI-POA

Pre-admission categories of CVC maintenance



25%



of patients with CLABSI-POA had had CLABSI in the past

11%



of patients died during hospital admission



- Enterobacterales were the most common etiologic agent (29%)
- Mortality risk increased with age, and with lack of insurance.
- Mortality risk decreased with CVC removal.

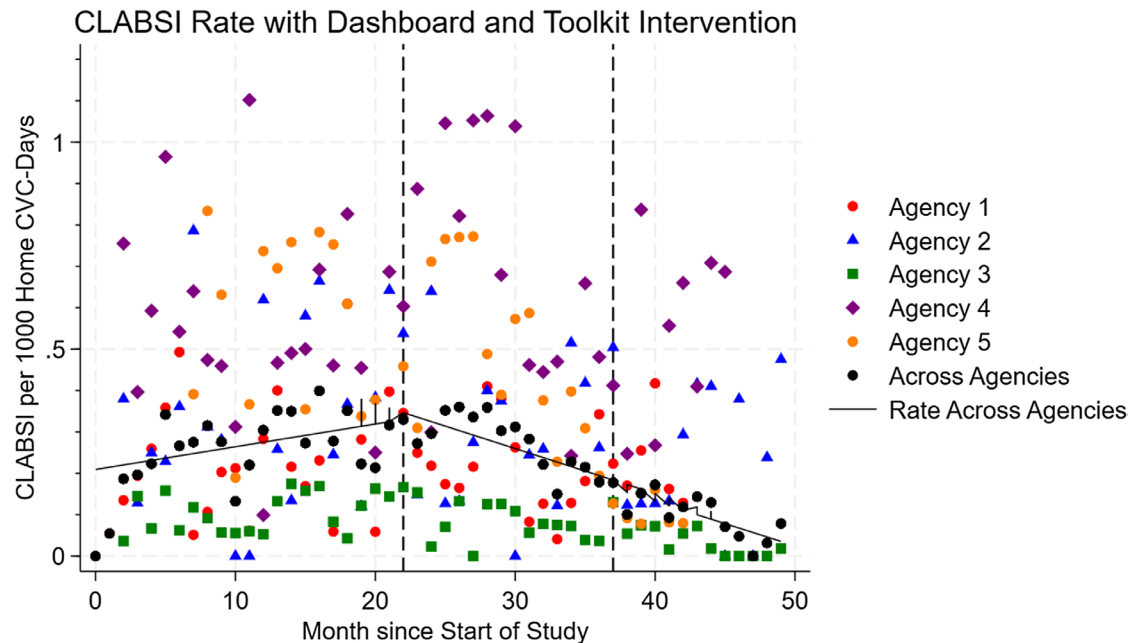
CONCLUSION



CLABSI-POA is associated with significant in-hospital mortality. Surveillance and targeted prevention initiatives are needed outside acute care settings.

Central lines, home infusion and “out of hospital” bloodstream IP

- Home infusion CLABSI 0.2-0.24/1000 CVC days
- Standard dashboard and prevention toolkit



Hannum S et al. *Infect Control Hosp Epidemiol.* 2026 Jan 21:1-8. doi: 10.1017/ice.2025.10385. Epub ahead of print. PMID: 41560365.

Topic	Available via written document	Available via video
Home infusion overview for all home infusion patients and introduction to IV lines	X	X
Equipment considerations for general home infusion patients	X	
Bathing with an intravenous line		X
Intravenous push medications	X	X
Elastomeric device medications	X	X
Electronic pump medications	X	X
Taking down chemotherapy	X	X
Parenteral nutrition	X	X
Changing an inotropic medication bag	X	
Using flow regulator medications	X	X
Using gravity flow medications	X	X
Medication bag with vial	X	X
Flushing ports		X
Flushing the unused side of IV	X	X
Adding medication to elastomeric device	X	X
Drawing a medication from a vial or ampule	X	X
Lock therapy	X	
Chlorhexidine bathing	X	
Considerations for patients at high risk of CLABSI	X	
Evaluation of a patient who has experienced a CLABSI	X	
Saline-administer-saline or saline-administer-saline-heparin cognitive aid	X	
Nursing competency assessment	X	
Site care algorithm	X	
Patient-directed dressing bundle	X	
Hand hygiene	X	

Barriers to out of hospital IP

- Number of sites
- Geographic spread
- Pace of growth
- Evolution of services

Scope



- Variable oversight/leadership
- Contracted/outsourced services

Fragmented ownership



- Lack of standardized outpatient HAI metrics and denominators
- Infections often detected later at a different facility

Weak measurement and feedback



- Limited dedicated infection prevention coverage and training
- Variable (often limited) onboarding and competency validation

Lean staffing and turnover



- High throughput and rapid room turnover pressures
- Clean/dirty separation and storage space constrained

Workflow and space constraints



- HLD/sterilization and device care are unforgiving processes

High complexity tasks



- Uncontrolled environments and caregiver dependent care

Environmental variability



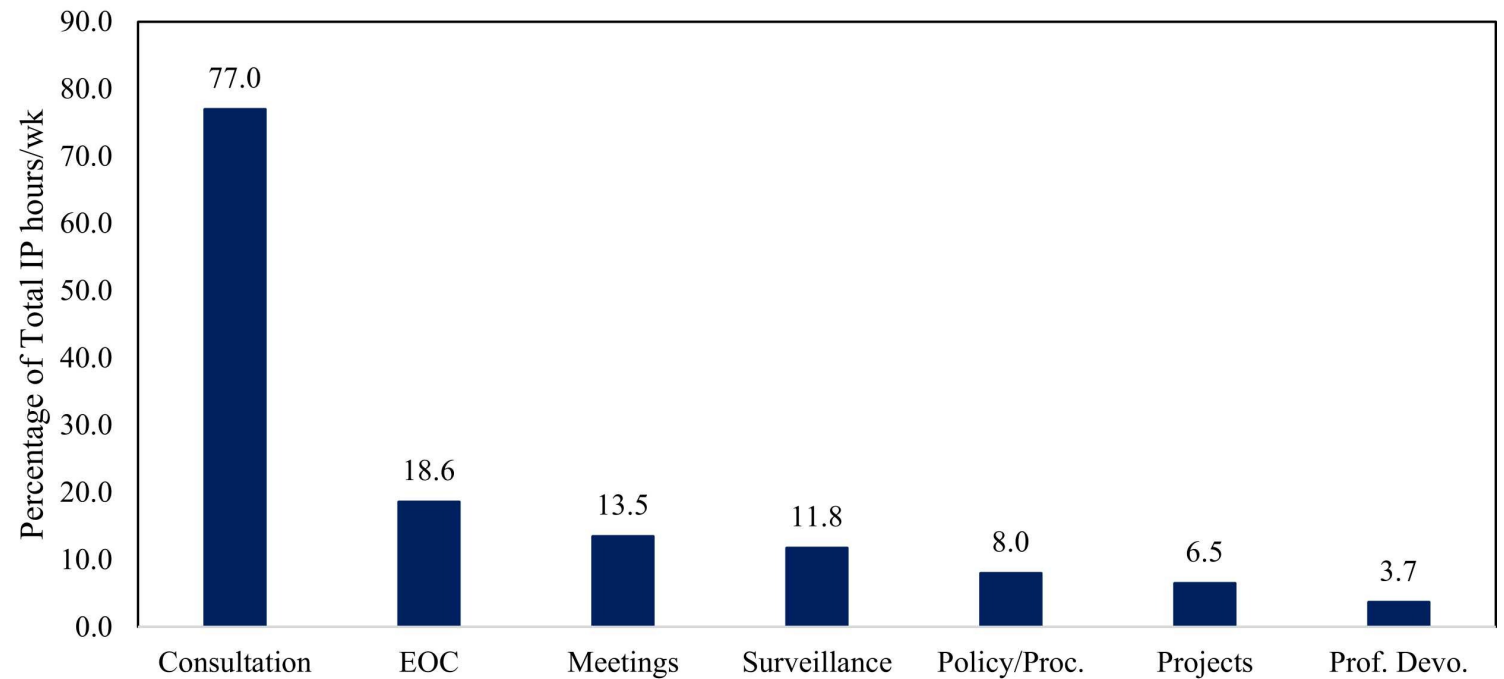
- “It’s not a hospital” mindset
- Unreliable reach of updates/education

Culture/Communication



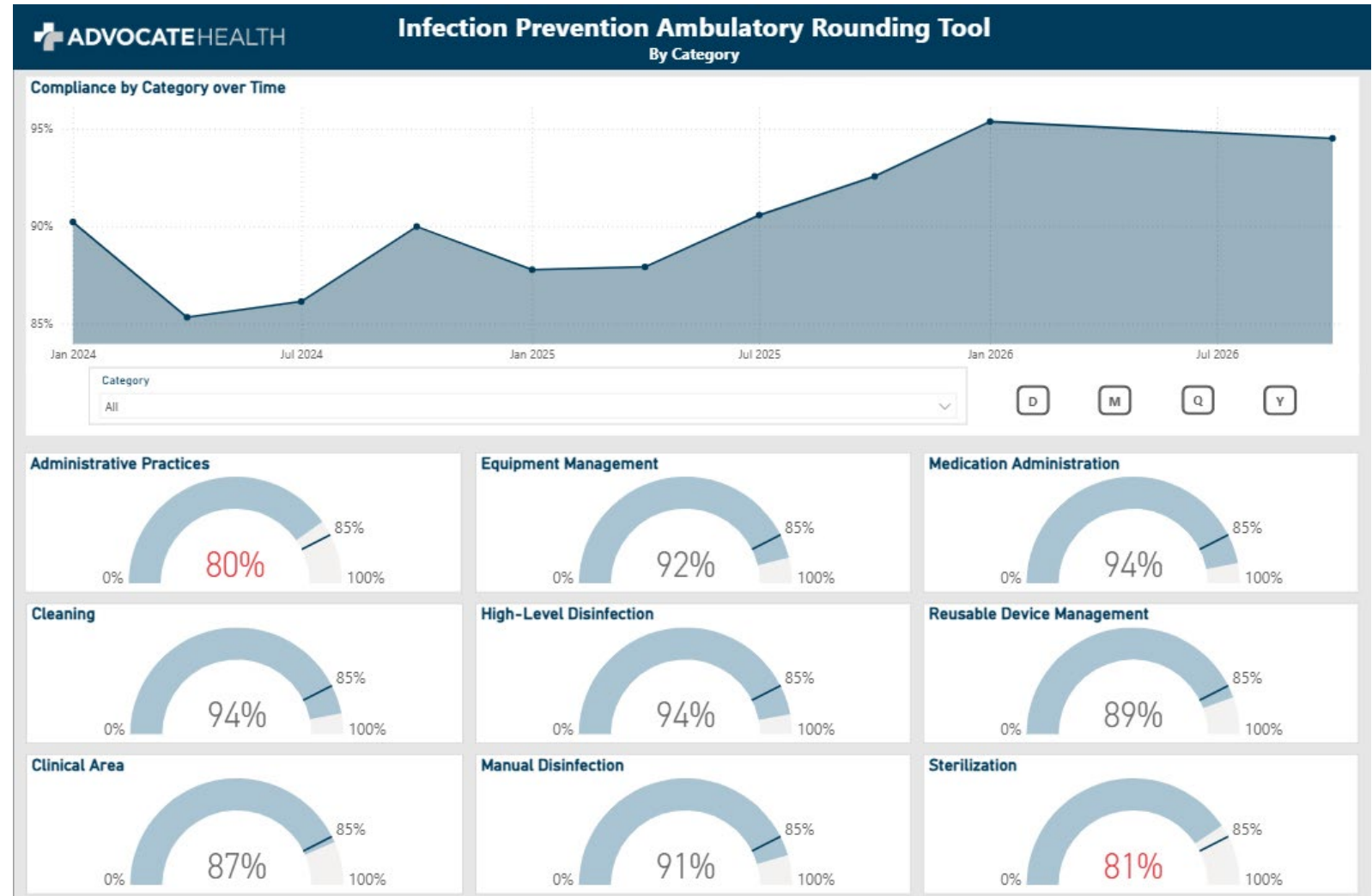
Determining IP staffing needs: Peds ambulatory/procedural

- 238 sites
 - 21% with surgical procedures
 - 32% AGP
- 80% outside of main hospital campus
- Survey Ips who cover ambulatory for complexity and hours per week engaged in IP activities
- 50% at least 1 complexity indicator, 9% 3 or more
- 181 hours/week
- 4.5 FTE needed for the surveyed sites
- Recommend assessing complexity, scope and service volume to determine staffing



Health System Approach

- 2800+ Clinics
- Dedicated IP team: 14 IPs, 3.5 SPD specialists
- ~9% of clinics performing sterilization
- ~11% HLD
- Risk tiering
- Enterprise Ambulatory Rounding Tool
- Dashboard development



Antimicrobial Stewardship!!

PRIMARY CARE

Audit & feedback works

Meta-analysis of 56 RCTs: audit & feedback linked to lower antibiotic volume and better appropriateness.

~11% relative reduction in total volume; fewer unnecessary starts and broad-spectrum use.

Xu et al. Clinical Infectious Diseases (2025)

PRIMARY CARE

Feedback beats clinical decision support system (CDSS)

Cluster RCT: feedback visit vs CDSS + feedback vs control

4.4% decrease in CDSS+feedback compared to control

No difference between feedback alone and control

Jeanmougin et al. J Med Internet Res (2024)

PRIMARY CARE

Peer comparison "spillover"

Mailed peer-comparison feedback reduced prescriptions across all ages, not just the targeted group.

Also reduced prolonged courses (>7 days).

Saqib et al. JAMA Network Open (2025)

URGENT CARE

Short-course defaults (Take 5 Campaign)

Campaign increased adoption of guideline-concordant ≤5-day durations (11% increase).

Duration is a high-leverage stewardship target in walk-in settings.

Jenkins et al. Open Forum Infectious Diseases (2025)

TELEMEDICINE

Tele-stewardship is maturing

Describe adapting outpatient stewardship core elements to telemedicine workflows.

Telemedicine can reduce antibiotic use but effects in outpatient settings are variable

Sanchez et al. Telemed E-Health (2024), Laein et al. PLoS One (2025)

Primary Care/Urgent Care

Order sets help, but may not be enough

Order-set + awareness campaign shifted CABP therapy patterns.

No overall improvement in guideline concordance → need stronger tactics (Audit and feedback, defaults, follow-up).

Asempa et al. ASHE (2025)

SHEA Town Hall: Emerging Issues in Ambulatory Infection Prevention

February 17, 2026

Rebecca Stern, MD

Medical Director of Adult Ambulatory Infection Prevention

VANDERBILT  UNIVERSITY
MEDICAL CENTER

Infectious Diseases

Disclosures

- No financial conflicts of interest

Shift from inpatient to ambulatory care

Key drivers

- Chronic care, aging population
- Evolving procedural technologies, e.g., minimally invasive, same-day
- Lower cost
- Fewer resources
- Health systems investing

Evolving landscape

- Clinics
- Ambulatory surgery centers (ASC) and office-based
- Infusion centers
- Hemodialysis
- Home care
- Academic vs. community health systems

Inpatient ≠ outpatient

High priority gaps and opportunities

Regulatory (Joint Commission)



- Variable facility licensing and accreditation
- Citations for noncompliance (standards, mIFU) increasingly concentrated in ambulatory
- Align mIFU policies/practices with inpatient

Healthcare-associated infections (HAI)



- Ambulatory reporting not required
- Lack validated definitions (except CLABSI in home infusion; pediatric CLABSI extrapolation from SPS)
- Surveillance / capture of denominators, across healthcare systems; benchmarks?
- Incentives?

ASCs

- SSI outpatient procedure component of NHSN is voluntary for most states, not applicable to all ASCs

- **Limited ambulatory-specific guidance by professional societies**
- **Challenges funding (FTE), under-resourced (\$, HCW, IP)**

High level disinfection, sterilization

- Often decentralized
- Challenges to standardize, educate, and scale instrument reprocessing
- Single use device vs. environmental harms

Communicable disease / isolation + PPE

- Declining vaccination rates
- Exposure/outbreak tracking across health settings, EMRs
- Lack negative pressure rooms (measles, TB)
- Variable resource availability and practices for RVI
- Confusion re: MDR/CRE/XDR, C auris in clinics

- **Risk assessments**
- **Advocate for investment in ambulatory IPC**
- **Develop national network for shared resources, strategies**
 - SHEA Ambulatory Interest Group
 - "Call to action"

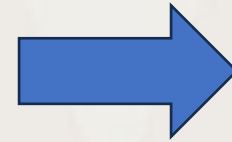
VUMC highlight: ambulatory COVID-19 transmission-based precautions

> Infect Control Hosp Epidemiol. 2025 Sep;46(9):959-960. doi: 10.1017/ice.2025.84.
Epub 2025 May 16.

Isolating the burden of transmission-based precautions for COVID-19: walk-in clinic-based healthcare personnel perspectives

Rebe **The unintended burden of transmission-based precautions for suspected COVID-19 in the ambulatory setting**

[Rebecca A Stern](#)^{1,✉}, [Katherine Bashaw](#)², [Claude E Shackelford](#)³, [Thomas R Talbot](#)¹



De-escalated ambulatory COVID-19 isolation requirement for contact component (gown/gloves)

- *Excludes bronchoscopy, AGPs*

- PPE guidance, education, sx check-in list to identify potential cases triggered Epic flag
- 60/197 (30.4%) required isolation, don/doff added 2.15 min for avg. 1.8x
 - **Added 3.9 min per patient encounter requiring PPE --> 1.3 hrs daily**
- Perceived challenges: HCW burden, workflow impediment, specimen handling, waste
- PPE access is imperative

VUMC ambulatory isolation guidance

- Phased rollout
- Refined communicable disease screening tool for MHAV & check-in; BPAs incorporated

AMBULATORY ISOLATION TOOLKIT

VANDERBILT UNIVERSITY MEDICAL CENTER

From your Ambulatory Infection Prevention Program Team

All the things you need at your fingertips to be successful with isolation practices in the outpatient setting.

What to isolate and PPE Needed?

Outpatient Isolation Guidelines Staff Reference 2024 CDC and Standard Precautions overview

Type of Isolation

How to isolate?

Wallline area signage (English)

PSS Guidance: What to do if a patient presents with a need to isolate?

Steps to take to isolate a patient

Swimlane Diagram of Roles in the Isolation Process

EPIC Tools Alerting Isolation:

PSS View of Isolation Needs

Clinical Staff View of Isolation Needs

Infection Flag Addition

Cleaning environment and equipment:

VUMC Approved Cleanline and Disinfection List

Outpatient Isolation Guidelines Cleaning

Cleaning Environment and Patient Care Equipment SOP

A note about room closures

Additional Resources:





- Infection Prevention Ambulatory Website
- Point of Care Testing Transporting Specimen Guidance
- PPE Donning and Doffing Guidance
- Managers Guide to Infection Prevention
- Wallline area signage (Arabic)
- Wallline area signage (Spanish)

Communicable Disease Screening

Do you have any of the following new symptoms (which have started within the last 5 days)?

- ☐ None of these
 ☐ Unable to assess
 ☐ Cough
- ☐ Diarrhea
 ☒ Fever
 ☐ Rash
- ☐ Red eye
 ☐ Vomiting

White/Wall Board Not

	Precautions	RN	Rm	Rm L...	Appt	Chk...	In Rm	Elapsed Time
	<input type="radio"/> 	1			07:30	07:35		33m
	<input type="radio"/> 				07:45	07:38		56m
	<input type="radio"/> 	1			07:45	07:42		45m
	<input type="radio"/> 	2			08:00	07:42		59m

Precaution column icon indicates isolation. Hover to see the isolation type.

Language: English

Code: Not on file (No Uploaded ACP Docs)

Adv Dir, POST?: No

Search (Ctrl+Space)

Infection: Influenza (Confirmed)

None

Medam, Guru Padmakar, MD

PCP - General

Shackelford, Claude Edward, MD

Ref Provider

Primary Cvg: Federal Blue Cros...

Allergies: No Known Allergies

Telehealth Indicator: Direct to Patient and Clinic to Clinic

Allergies

Medications

WEEKLY

Care Everywhere

Travel/Comm Disease Screen

EVERY 12 MONTHS

OPWB

History

Personal Safety

Tobacco Screening

MOCA Screen

SD

Infection Status

Influenza (Confirmed)

Specimen information: Nasal

Added: 05/25/24 by POC SARS-CoV-2 and Influenza A and (RT-PCR) - POCT-approved sites only (Collected 05/25/24)

Review by: 06/01/24

Onset date: 05/25/24

Resolve

Outpatient Guidance

Droplet Precautions:

Droplet

Last updated: 05/26/24 1015

Type of isolation required

Outpatient Isolation Guidelines 2025

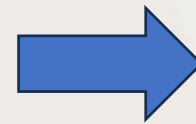
Condition	Airborne (N95)	Contact (Gown & Gloves)	Droplet (Surgical Mask)	Eye Protection (Face Shield/Goggles)	Environmental Cleaning *Know contact time	Additional precautions
Known or Suspected Infections (Infection Flag)						
Adenovirus		X	X		Super Sani Wipes	
Clostridium difficile (C. diff)		X			Bleach Wipes	Use Soap and Water for Hand Hygiene after leaving the exam room.
COVID-19	X			X	Super Sani Wipes	
Cystic Fibrosis		X			Super Sani Wipes	
Gastroenteritis (e.g. Rotavirus)		X			Super Sani Wipes	
Influenza			X		Super Sani Wipes	
Measles (Rubeola)	X				Super Sani Wipes	Room closed for 1 hour after patient leaves for air exchanges.
Metapneumovirus		X				
Mpox	X	X		X	Super Sani Wipes	
Mumps			X		Super Sani Wipes	
Neisseria meningitidis			X		Super Sani Wipes	
Norovirus		X			Bleach Wipes	Use Soap and Water for Hand Hygiene after leaving the exam room.
Parainfluenza		X			Super Sani Wipes	
Parvovirus B-19			X		Super Sani Wipes	
Pertussis			X		Super Sani Wipes	
RSV		X			Super Sani Wipes	
Rubella			X		Super Sani Wipes	
Tuberculosis - Pulmonary	X				Super Sani Wipes	Room closed for 1 hour after patient leaves for air exchanges.
Varicella	X	X			Super Sani Wipes	Room closed for 1 hour after patient leaves for air exchanges.
Shingles	X	X			Super Sani Wipes	If disseminated or immunocompromised, as indicated by the provider. Room closed for 1 hour after patient leaves for air exchanges.
Viral Conjunctivitis		X			Super Sani Wipes	

Updated: 4/16/2025

VUMC highlight: PRP (platelet-rich plasma)

EOC survey by IP identified high-risk procedure

- Large scope
- No professional society guidance
- Variable application and techniques



Original Article

Platelet-rich plasma therapy: key infection prevention practices and strategies for safety risk reduction

Rebecca A. Stern MD¹, Jennifer Andrews MD^{2,3}, Katherine Bashaw MHA, LPN⁴ and Thomas R. Talbot MD, MPH¹

Infection Control & Hospital Epidemiology (2026), 47, 1–5
doi:10.1017/ice.2025.10316



Developed standardized approach to best practices, implementation

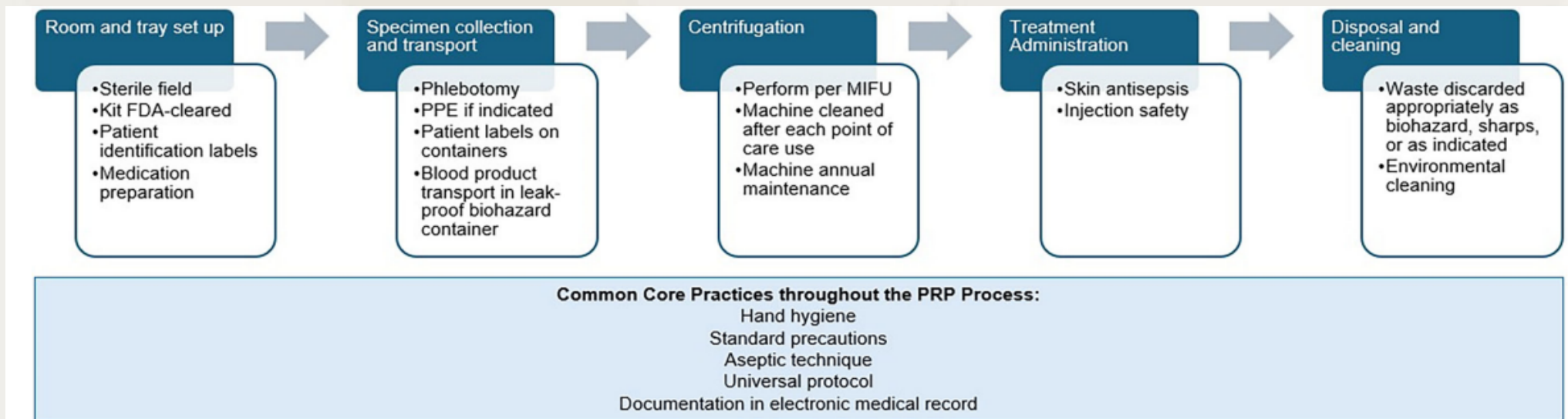


Figure 1. Process flow and key expected steps in the PRP process. Abbreviations: FDA, Food and Drug Administration; PPE, personal protective equipment; MIFU, Manufacturer Instructions for Use.

Interested? Join the SHEA Ambulatory Special Interest Group:

- Email kweinshel@shea-online.org
- Next meeting: 3/11 @ 3 pm ET



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Thank you!

Rebecca.stern@vumc.org

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