



**SAFE HEALTHCARE FOR ALL**

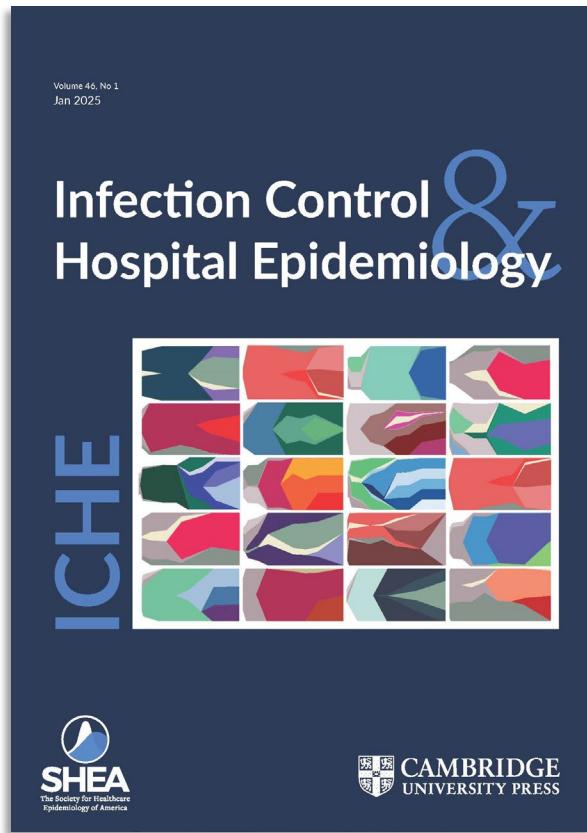
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# ICHE Journal



*Infection Control & Hospital Epidemiology* publishes scientifically authoritative, clinically applicable, peer-reviewed research on control and evaluation of the transmission of pathogens in healthcare institutions and on the use of epidemiological principles and methods to evaluate and improve the delivery of care. Major topics covered include infection control practices, surveillance, antimicrobial stewardship, cost-benefit analyses, resource use, occupational health, and regulatory issues.

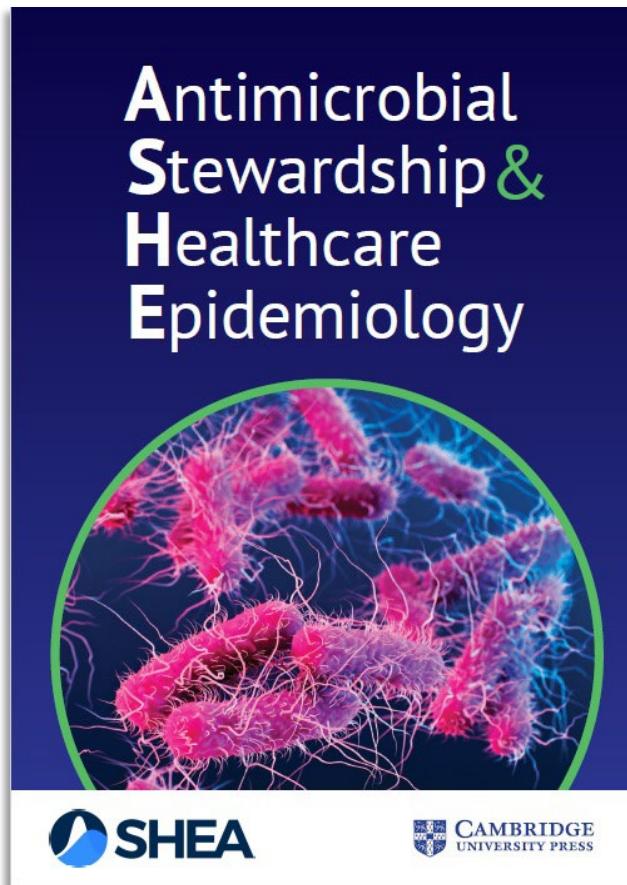
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AVAILABLE ON:



*Online ID Fellows Course*

# Primer on Healthcare Epidemiology, Infection Control & Antimicrobial Stewardship



SCAN TO  
LEARN MORE





**NEW!**

# SHEA Members Open Forum

Get ready for real discussion! This is a peer-driven, discussion-based program designed for SHEA members to connect, share experiences, and talk through real-world challenges.



**February 25<sup>th</sup> at 4:00 – 5:00 pm ET**

**Moderator: Harjot K. Singh, MD, MSc**

**Topic: Infection Control Conversations: Preparedness & Response**



COMING SOON

# You Can Help!

Improving Antibiotic Stewardship  
and Infection Prevention in  
Nursing Homes

*eLearning Course*





MALAYSIA  
**APSIC** 2026

12th INTERNATIONAL CONGRESS OF  
ASIA PACIFIC SOCIETY OF INFECTION CONTROL

Kuala Lumpur Convention Centre, Malaysia

**SAVE THE DATE**

**30 JUL - 02 AUG 2026**



Keep updated by  
scanning the QR code

Hosted by :



ASIA PACIFIC SOCIETY OF  
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**APRIL 7- APRIL 10**  
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SHEA Webinar

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*Town Hall 2026*

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# Housekeeping



- Technical difficulties? Visit: <https://support.zoom.us>
- Webinar recording, PowerPoint presentation, and references available on [learningce.shea-online.org](https://learningce.shea-online.org)
- Streaming Live on SHEA's Facebook page
- Zoom Polling, Q&A & Chat



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# February Town Hall Panelists:



**Dr. Bernard Camins**  
*Mount Sinai*



**Dr. Katie Passaretti**  
*Advocate Health*



**Dr. Chris Nyquist**  
*Children's Colorado*



**Dr. Tom Talbot**  
*Vanderbilt University*

# Invited Panelist:



**Rebecca Stern, MD**  
*Vanderbilt University Medical Center*



**ADVOCATE** HEALTH

# **Ambulatory Infection Prevention**

SHEA Town Hall  
February 17, 2026

# Shifting Risk Portfolio

Outpatient visits up > 30% over past 20 years

Massive growth of ASC with shift of inpatient procedures to outpatient

Hospital level care provided at home

9/2025 per AHA – 419 hospitals across 147 systems in 39 states with HAH program

Growth of home health care/OPAT

Despite growth, often limited trained IP support/dedicated resources

# Outpatient Outbreaks

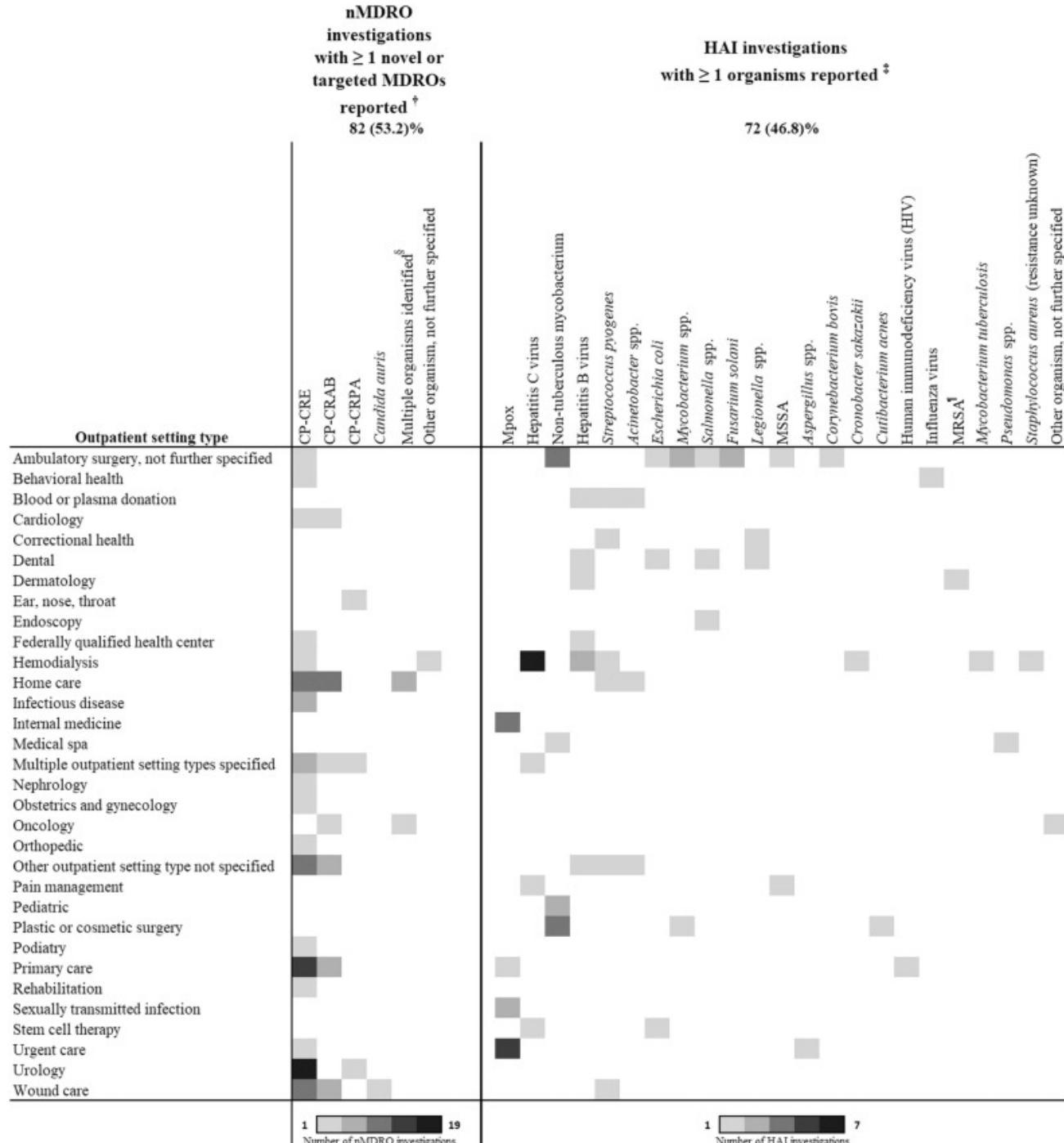
Public health investigations in outpatient healthcare settings nationwide, August 2019 to July 2023

Austin R. Penna, MPH, CIC  · Nijika Shrivastwa, PhD, MHSA, MPH · Penelope Strid, MPH ·

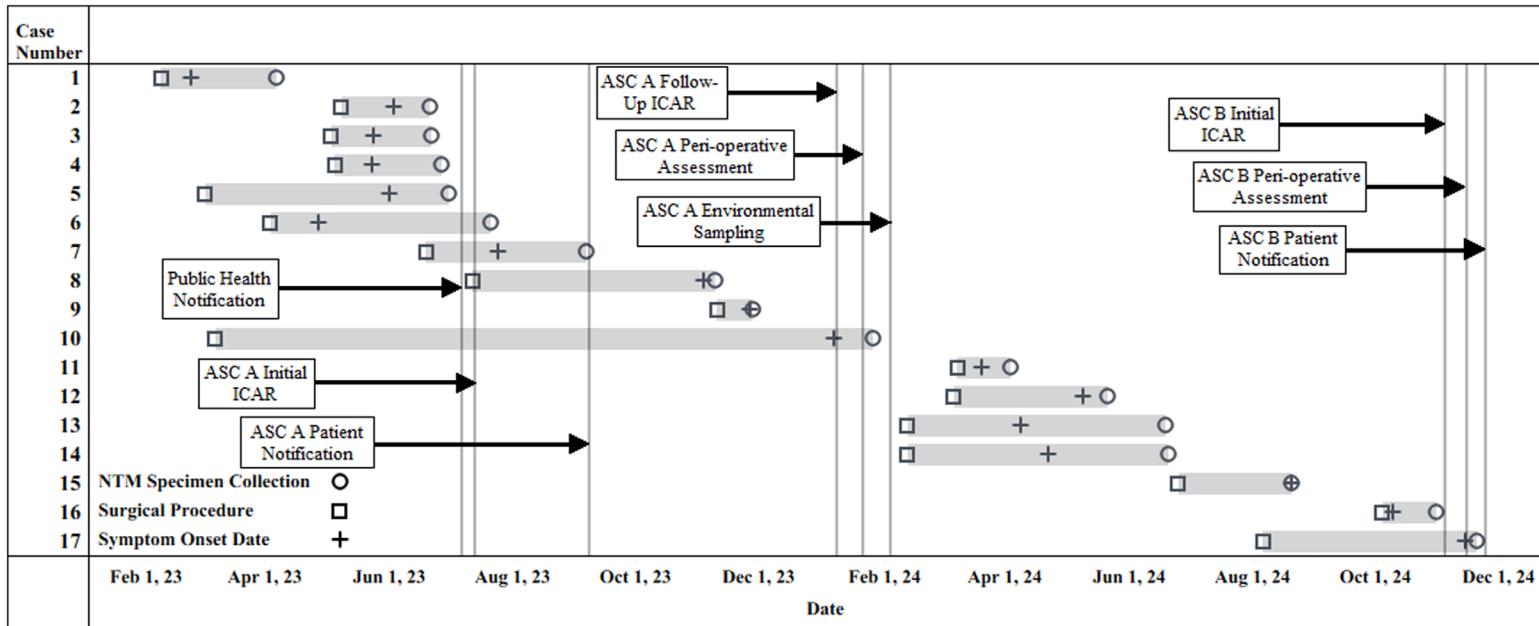
Joseph F. Perz, DrPH, MA · Jennifer C. Hunter, DrPH, MPH

Affiliations & Notes  Article Info 

- 8% health department investigations involve 1 or more outpatient settings
  - 70% (230) only outpatient settings
    - 17% dental
    - 9% ambulatory surgery
    - 9% urology
  - IP breaches in 68% HAI investigation
  - Device reprocessing breaches most common



# ASC: Outbreaks and IP risks



- 2 ASC
- 17 *M. fortuitum* hip/knee SSI
  - 9 organ space
  - 5 deep
  - 3 superficial
- Symptoms 5-306 days after procedure
- WGS highly related
- Common surg tech assoc with cases

## Ambulatory surgery center A

1. Absence of a water management plan
2. Inadequate cleaning and disinfection of the operating room (OR) between patients
3. Unsatisfactory terminal cleaning of the ORs and scrub sinks
4. Missed opportunities for hand hygiene
5. Non-compliance with the personal protective equipment policy, including failing to wear head and beard coverings in restricted areas
6. Lack of point-of-use treatment with enzymatic cleaner or failure to leave instruments in an open position after use

## Ambulatory surgery center B

1. Improper disposal of medical waste in the OR
2. Missed opportunities for hand hygiene
3. Inconsistent operation of the surgical helmet system and non-compliance with the manufacturer's instructions for use
4. Failure to conduct point-of-use treatment for surgical instruments after use in the OR and failure to keep instruments moist during transport to the sterile processing department

# Source of CLABSI on Admission

## Characterizing Patients Presenting on Hospital Admission with Central Line-Associated Bloodstream Infections: A Multicenter Study

Oladapo-Shittu et al., 2024 | *Clinical Infectious Diseases*



### BACKGROUND

 We sought to characterize patients presenting to hospitals with central line-associated bloodstream infections (CLABSI-POA) in patients maintaining central venous catheters (CVCs) outside acute care hospitals.

### POPULATION AND METHODS

- Retrospective cross-sectional analysis of patients with CLABSI-POA in 3 health systems covering 11 hospitals over 1 year  
- Cox proportional hazard analysis was used to assess factors associated with mortality.



### RESULTS

**461**



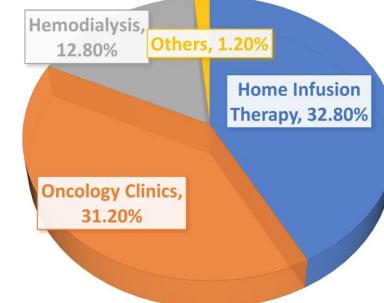
patients were identified with CLABSI-POA

**11%**



of patients died during hospital admission

#### Pre-admission categories of CVC maintenance



**25%**

of patients with CLABSI-POA had had CLABSI in the past



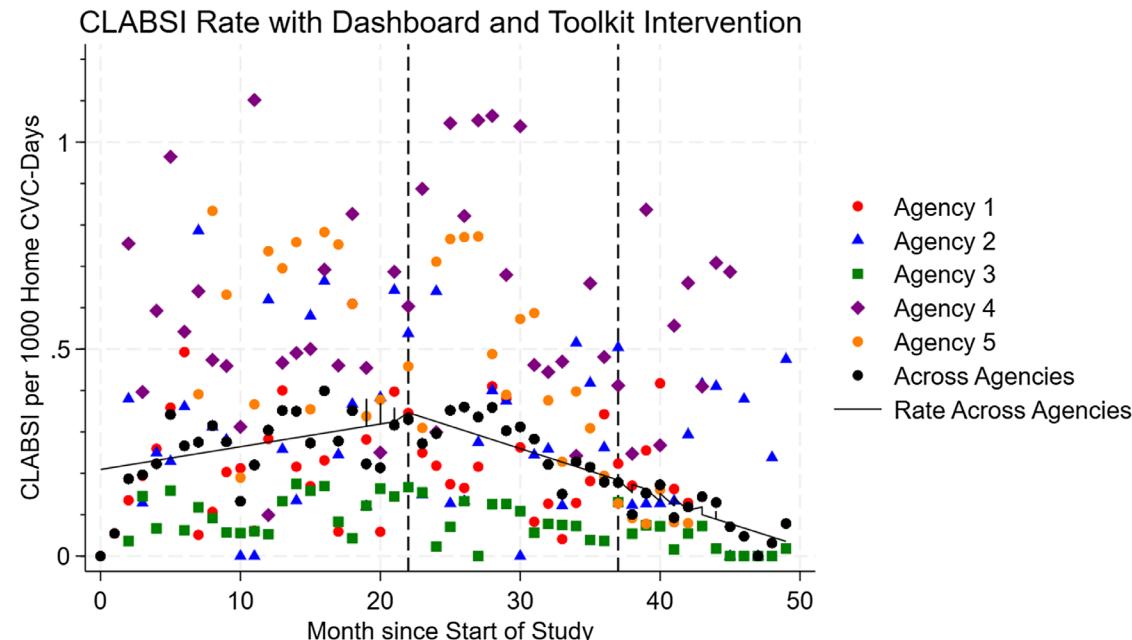
- Enterobacterales were the most common etiologic agent (29%)
- Mortality risk increased with age, and with lack of insurance.
- Mortality risk decreased with CVC removal.

### CONCLUSION

 CLABSI-POA is associated with significant in-hospital mortality. Surveillance and targeted prevention initiatives are needed outside acute care settings.

# Central lines, home infusion and “out of hospital” bloodstream IP

- Home infusion CLABSI 0.2-0.24/1000 CVC days
- Standard dashboard and prevention toolkit



Hannum S et al. *Infect Control Hosp Epidemiol*. 2026 Jan 21:1-8. doi: 10.1017/ice.2025.10385.  
Epub ahead of print. PMID: 41560365.

| Topic  | Available via written document | Available via video |
|--|--------------------------------|---------------------|
| Home infusion overview for all home infusion patients and introduction to IV lines | x                              | x                   |
| Equipment considerations for general home infusion patients                        |                                | x                   |
| Bathing with an intravenous line   |                                | x                   |
| Intravenous push medications   | x                              | x                   |
| Elastomeric device medications   | x                              | x                   |
| Electronic pump medications  | x                              | x                   |
| Taking down chemotherapy   | x                              | x                   |
| Parenteral nutrition   | x                              | x                   |
| Changing an inotropic medication bag   | x                              |                     |
| Using flow regulator medications   | x                              | x                   |
| Using gravity flow medications   | x                              | x                   |
| Medication bag with vial   | x                              | x                   |
| Flushing ports   |                                | x                   |
| Flushing the unused side of IV   | x                              | x                   |
| Adding medication to elastomeric device  | x                              | x                   |
| Drawing a medication from a vial or ampule   | x                              | x                   |
| Lock therapy   | x                              |                     |
| Chlorhexidine bathing  | x                              |                     |
| Considerations for patients at high risk of CLABSI                                 | x                              |                     |
| Evaluation of a patient who has experienced a CLABSI                               | x                              |                     |
| Saline-administer-saline or saline-administer-saline-heparin cognitive aid         | x                              |                     |
| Nursing competency assessment  | x                              |                     |
| Site care algorithm  | x                              |                     |
| Patient-directed dressing bundle   | x                              |                     |
| Hand hygiene   | x                              |                     |

# Barriers to out of hospital IP

- Number of sites
- Geographic spread
- Pace of growth
- Evolution of services

## Scope



- Variable oversight/leadership
- Contracted/outsourced services

## Fragmented ownership



- Lack of standardized outpatient HAI metrics and denominators
- Infections often detected later at a different facility

## Weak measurement and feedback



- Limited dedicated infection prevention coverage and training
- Variable (often limited) onboarding and competency validation

## Lean staffing and turnover



- High throughput and rapid room turnover pressures
- Clean/dirty separation and storage space constrained

## Workflow and space constraints



- HLD/sterilization and device care are unforgiving processes

## High complexity tasks



- Uncontrolled environments and caregiver dependent care

## Environmental variability



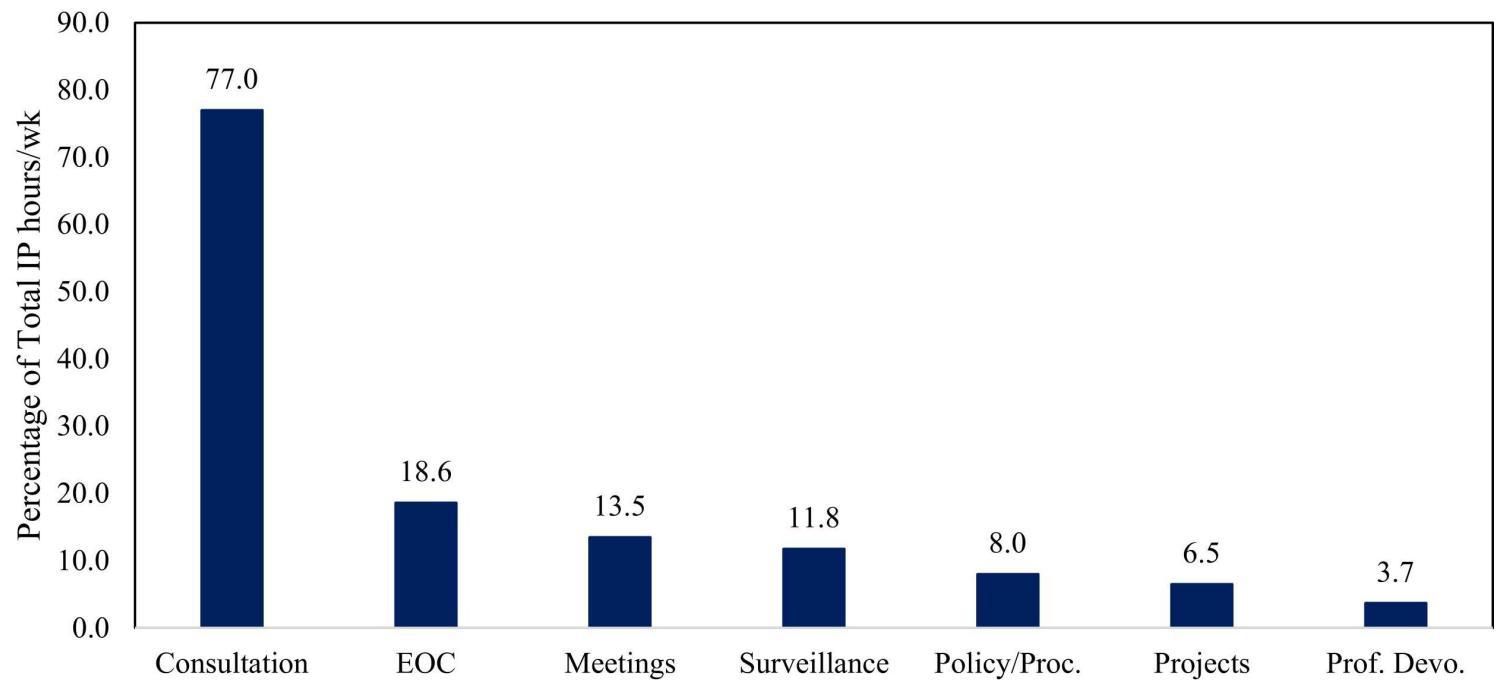
- “It’s not a hospital” mindset
- Unreliable reach of updates/education

## Culture/Communication



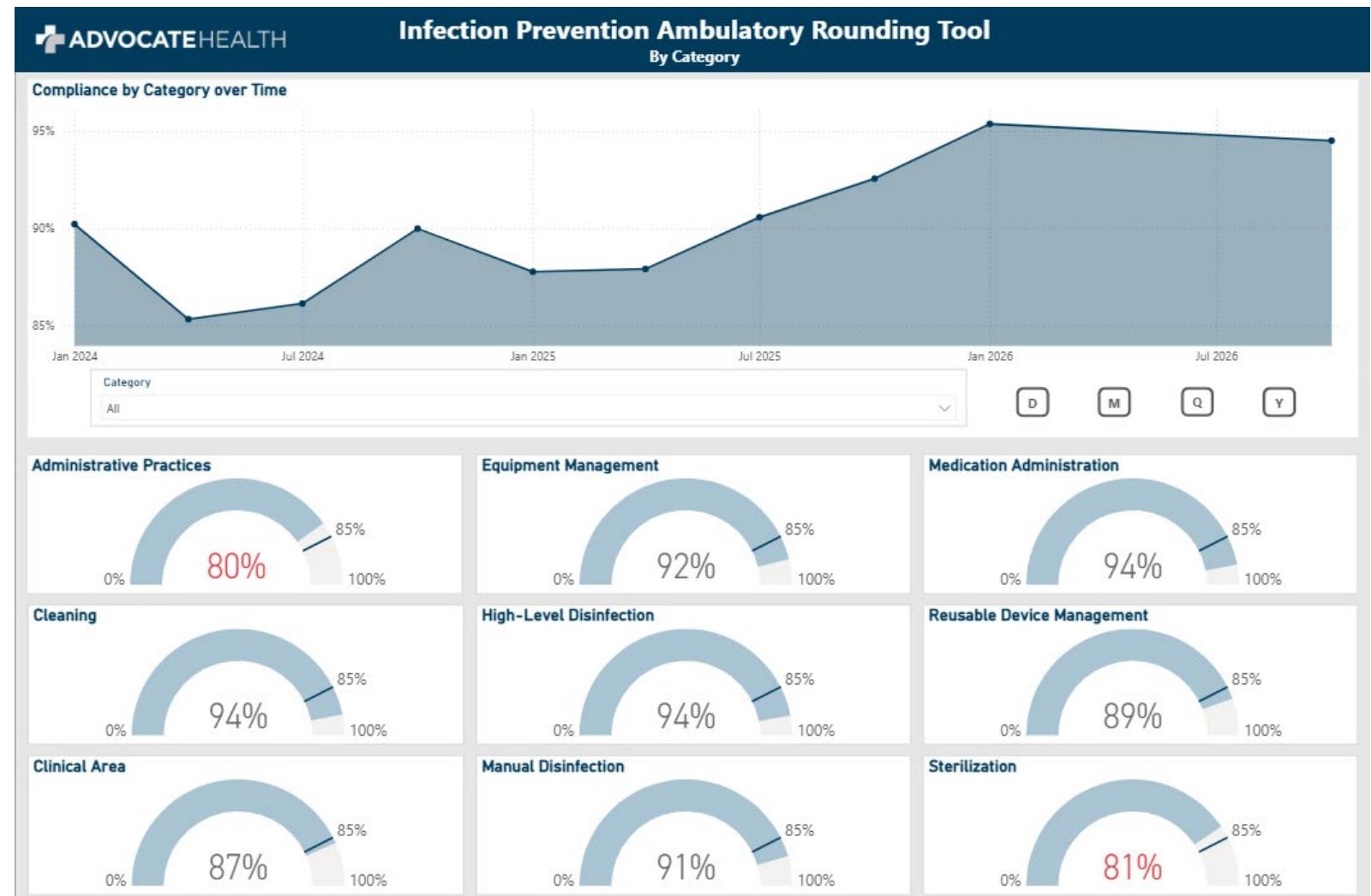
# Determining IP staffing needs: Peds ambulatory/procedural

- 238 sites
  - 21% with surgical procedures
  - 32% AGP
- 80% outside of main hospital campus
- Survey Ips who cover ambulatory for complexity and hours per week engaged in IP activities
- 50% at least 1 complexity indicator, 9% 3 or more
- 181 hours/week
- 4.5 FTE needed for the surveyed sites
- Recommend assessing complexity, scope and service volume to determine staffing



# Health System Approach

- 2800+ Clinics
- Dedicated IP team: 14 IPs, 3.5 SPD specialists
- ~9% of clinics performing sterilization
- ~11% HLD
- Risk tiering
- Enterprise Ambulatory Rounding Tool
- Dashboard development



# Antimicrobial Stewardship!!

## PRIMARY CARE

### **Audit & feedback works**

Meta-analysis of 56 RCTs: audit & feedback linked to lower antibiotic volume and better appropriateness.

~11% relative reduction in total volume; fewer unnecessary starts and broad-spectrum use.

*Xu et al. Clinical Infectious Diseases (2025)*

## PRIMARY CARE

### **Feedback beats clinical decision support system (CDSS)**

Cluster RCT: feedback visit vs CDSS + feedback vs control  
4.4% decrease in CDSS+feedback compared to control  
No difference between feedback alone and control

*Jeanmougin et al. J Med Internet Res (2024)*

## PRIMARY CARE

### **Peer comparison "spillover"**

Mailed peer-comparison feedback reduced prescriptions across all ages, not just the targeted group.  
Also reduced prolonged courses (>7 days).

*Saqib et al. JAMA Network Open (2025)*

## URGENT CARE

### **Short-course defaults (Take 5 Campaign)**

Campaign increased adoption of guideline-concordant ≤5-day durations (11% increase).

Duration is a high-leverage stewardship target in walk-in settings.

*Jenkins et al. Open Forum Infectious Diseases (2025)*

## TELEMEDICINE

### **Tele-stewardship is maturing**

Describe adapting outpatient stewardship core elements to telemedicine workflows.  
Telemedicine can reduce antibiotic use but effects in outpatient settings are variable

*Sanchez et al. Telemed E-Health (2024), Laein et al. PLoS One (2025)*

## Primary Care/Urgent Care

### **Order sets help, but may not be enough**

Order-set + awareness campaign shifted CABP therapy patterns.  
No overall improvement in guideline concordance → need stronger tactics (Audit and feedback, defaults, follow-up).

*Asempa et al. ASHE (2025)*

# SHEA Town Hall: Emerging Issues in Ambulatory Infection Prevention

*February 17, 2026*

Rebecca Stern, MD  
Medical Director of Adult Ambulatory Infection Prevention



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Infectious Diseases

# Disclosures

- No financial conflicts of interest

# Shift from inpatient to ambulatory care

## Key drivers

- Chronic care, aging population
- Evolving procedural technologies, e.g., minimally invasive, same-day
- Lower cost
- Fewer resources
- Health systems investing

## Evolving landscape

- Clinics
- Ambulatory surgery centers (ASC) and office-based
- Infusion centers
- Hemodialysis
- Home care
- Academic vs. community health systems

Inpatient ≠ outpatient

# High priority gaps and opportunities

## Regulatory (Joint Commission)



- Variable facility licensing and accreditation
- Citations for noncompliance (standards, mIFU) increasingly concentrated in ambulatory
- Align mIFU policies/practices with inpatient

## Healthcare-associated infections (HAI)



- Ambulatory reporting not required
- Lack validated definitions (except CLABSI in home infusion; pediatric CLABSI extrapolation from SPS)
- Surveillance / capture of denominators, across healthcare systems; benchmarks?
- Incentives?

## ASCs

- SSI outpatient procedure component of NHSN is voluntary for most states, not applicable to all ASCs
- Limited ambulatory-specific guidance by professional societies
- Challenges funding (FTE), under-resourced (\$, HCW, IP)

## High level disinfection, sterilization

- Often decentralized
- Challenges to standardize, educate, and scale instrument reprocessing
- Single use device vs. environmental harms

## Communicable disease / isolation + PPE

- Declining vaccination rates
- Exposure/outbreak tracking across health settings, EMRs
- Lack negative pressure rooms (measles, TB)
- Variable resource availability and practices for RVI
- Confusion re: MDR/CRE/XDR, C auris in clinics

- Risk assessments
- Advocate for investment in ambulatory IPC
- Develop national network for shared resources, strategies
  - SHEA Ambulatory Interest Group
  - "Call to action"

# VUMC highlight: ambulatory COVID-19 transmission-based precautions

> Infect Control Hosp Epidemiol. 2025 Sep;46(9):959-960. doi: 10.1017/ice.2025.84.

Epub 2025 May 16.

Isolating the burden of transmission-based precautions for COVID-19: walk-in clinic-based healthcare personnel perspectives

Rebe

**The unintended burden of transmission-based precautions for suspected COVID-19 in the ambulatory setting**

Rebecca A Stern <sup>1,✉</sup>, Katherine Bashaw <sup>2</sup>, Claude E Shackelford <sup>3</sup>, Thomas R Talbot <sup>1</sup>

- PPE guidance, education, sx check-in list to identify potential cases triggered Epic flag
- 60/197 (30.4%) required isolation, don/doff added 2.15 min for avg. 1.8x
  - **Added 3.9 min per patient encounter requiring PPE --> 1.3 hrs daily**
- Perceived challenges: HCW burden, workflow impediment, specimen handling, waste
- PPE access is imperative



**De-escalated ambulatory COVID-19 isolation requirement for contact component (gown/gloves)**

- *Excludes bronchoscopy, AGPs*

# VUMC ambulatory isolation guidance

- Phased rollout
- Refined communicable disease screening tool for MHAV & check-in; BPAs incorporated

| Outpatient Isolation Guidelines 2025                  |                |                         |                         |                                      |  |  |
|---|----------------|-------------------------|-------------------------|--------------------------------------|--|--|
| Condition   | Airborne (N95) | Contact (Gown & Gloves) | Droplet (Surgical Mask) | Eye Protection (Face Shield/Goggles) | Environmental Cleaning<br>*Know contact time | Additional precautions   |
| <b>Known or Suspected Infections (Infection Flag)</b> |                |                         |                         |                                      |  |  |
| Adenovirus  |                | X                       | X                       |                                      | Super Sani Wipes                             |  |
| Clostridium difficile (C. diff)                       |                | X                       |                         |                                      | Bleach Wipes                                 | Use Soap and Water for Hand Hygiene after leaving the exam room.   |
| COVID-19  | X              |                         |                         | X                                    | Super Sani Wipes                             |  |
| Cystic Fibrosis                                       |                | X                       |                         |                                      | Super Sani Wipes                             |  |
| Gastroenteritis (e.g. Rotavirus)                      |                | X                       |                         |                                      | Super Sani Wipes                             |  |
| Influenza   |                |                         | X                       |                                      | Super Sani Wipes                             |  |
| Measles (Rubeola)                                     | X              |                         |                         |                                      | Super Sani Wipes                             | Room closed for 1 hour after patient leaves for air exchanges.   |
| Metapneumovirus                                       |                | X                       |                         |                                      | Super Sani Wipes                             |  |
| Mpox  | X              | X                       |                         | X                                    | Super Sani Wipes                             |  |
| Mumps   |                |                         | X                       |                                      | Super Sani Wipes                             |  |
| Neisseria meningitidis                                |                |                         | X                       |                                      | Super Sani Wipes                             |  |
| Norovirus   |                | X                       |                         |                                      | Bleach Wipes                                 | Use Soap and Water for Hand Hygiene after leaving the exam room.   |
| Parainfluenza   |                | X                       |                         |                                      | Super Sani Wipes                             |  |
| Parvovirus B-19                                       |                |                         | X                       |                                      | Super Sani Wipes                             |  |
| Pertussis   |                |                         | X                       |                                      | Super Sani Wipes                             |  |
| RSV   |                | X                       |                         |                                      | Super Sani Wipes                             |  |
| Rubella   |                |                         | X                       |                                      | Super Sani Wipes                             |  |
| Tuberculosis - Pulmonary                              | X              |                         |                         |                                      | Super Sani Wipes                             | Room closed for 1 hour after patient leaves for air exchanges.   |
| Varicella   | X              | X                       |                         |                                      | Super Sani Wipes                             | Room closed for 1 hour after patient leaves for air exchanges.   |
| Shingles  | X              | X                       |                         |                                      | Super Sani Wipes                             | If disseminated or immunocompromised, as indicated by the provider. Room closed for 1 hour after patient leaves for air exchanges. |
| Viral Conjunctivitis                                  |                | X                       |                         |                                      | Super Sani Wipes                             |  |

Updated:4/16/2025

## Communicable Disease Screening

Do you have any of the following new symptoms (which have started within the last 5 days)?

None of these     Unable to assess     Cough  
 Diarrhea     Fever     Rash  
 Red eyes     Vomiting

**AMBULATORY ISOLATION TOOLKIT**

VANDERBILT UNIVERSITY MEDICAL CENTER

From your Ambulatory Infection Prevention Program Team

All the things you need at your fingertips to be successful with isolation practices in the outpatient setting.

**What to isolate and PPE Needed?**

Outpatient Isolation Guidelines Staff Reference 2024 CDC.pdf  
Standard Precautions overview  
Type of Isolation

**How to isolate?**

Waiting area signage (English)  
PSS Guidance: What to do if a patient presents with a need to isolate?  
Steps to take to isolate a patient  
Swimlane Diagram of Roles in the Isolation Process

**EPIC Tools Alerting Isolation:**

PSS View of Isolation Needs  
Clinical Staff View of Isolation Needs  
Infection Flag Addition

**Cleaning environment and equipment:**

VUMC Approved Cleaning and Disinfection List  
Outpatient Isolation Guidelines Cleaning  
Cleaning Environment and Patient Care Equipment SOP  
A note about room closures

**Additional Resources:**

- Infection Prevention Ambulatory Website
- Point of Care Testing Transporting Specimen Guidance
- PPE Donning and Doffing Guidance
- Managers Guide to Infection Prevention
- Waiting area signage (Arabic)
- Waiting area signage (Spanish)



## White/Wall Board Noti

| Precautions | RN | Rm L... | Appt | Chk... | In Rm       | Elapsed Time |
|-------------|----|---------|------|--------|-------------|--------------|
|             | 1  |         |      |        | 07:30 07:35 | 33m          |
|             |    |         |      |        | 07:45 07:38 | 56m          |
|             | 1  |         |      |        | 07:45 07:42 | 45m          |
|             | 2  |         |      |        | 08:00 07:42 | 59m          |

**Precaution** column icon indicates isolation.  
Hover to see the isolation type.

Language: English  
Code: Not on file  
(No Uploaded ACP Docs)  
Adv Dir, POST?: No

Search (Ctrl+Space)

Infection: Influenza (Confirmed)

None

Allergies Medications WEEKLY

Travel/Comm Disease Screen EVERY 12 MONTHS

Personal Safety Tobacco Screening

Medam, Guru Padmakar, MD  
PCP - General

Shackelford, Claude Edward, MD  
Ref Provider

Primary Cvg: Federal Blue Cross...

Allergies: No Known Allergies  
Telehealth Indicator: Direct to Patient and Clinic to Clinic

**Infection Status**  
Influenza (Confirmed)  
Specimen information: Nasal  
Added: 05/25/24 by POC SARS-CoV-2 and Influenza A and B (RT-PCR) - POCT-approved sites only (Collected 05/25/24)  
Review by: 06/01/24  
Onset date: 05/25/24

**Outpatient Guidance**  
Droplet Precautions:  
Droplet

Last updated: 05/26/24 1015

Date Provider Primary Dx

ADL / Fun



Type of isolation required

# VUMC highlight: PRP (platelet-rich plasma)

EOC survey by IP identified high-risk procedure

- Large scope
- No professional society guidance
- Variable application and techniques



Infection Control & Hospital Epidemiology (2026), 47, 1-5  
doi:10.1017/ice.2025.10316

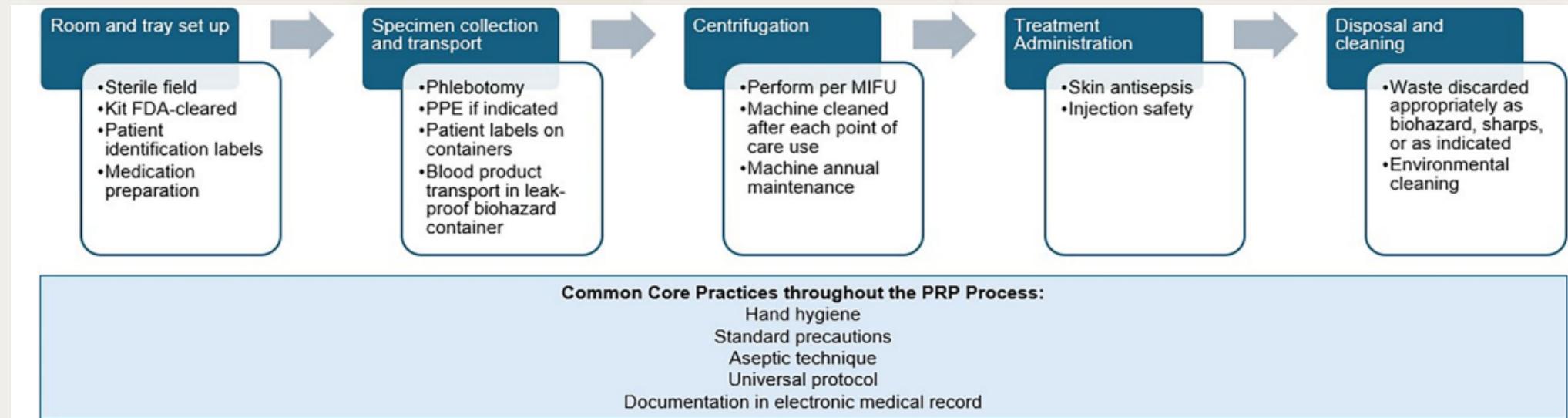


## Original Article

### Platelet-rich plasma therapy: key infection prevention practices and strategies for safety risk reduction

Rebecca A. Stern MD<sup>1</sup> , Jennifer Andrews MD<sup>2,3</sup> , Katherine Bashaw MHA, LPN<sup>4</sup> and Thomas R. Talbot MD, MPH<sup>1</sup>

Developed standardized approach to best practices, implementation



**Figure 1.** Process flow and key expected steps in the PRP process. Abbreviations: FDA, Food and Drug Administration; PPE, personal protective equipment; MIFU, Manufacturer Instructions for Use.

# Interested? Join the SHEA Ambulatory Special Interest Group:

- Email [kweinshel@shea-online.org](mailto:kweinshel@shea-online.org)
- Next meeting: 3/11 @ 3 pm ET

# Thank you!

[Rebecca.stern@vumc.org](mailto:Rebecca.stern@vumc.org)

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Infectious Diseases